



The Bodhi

MEDITATION RETREAT

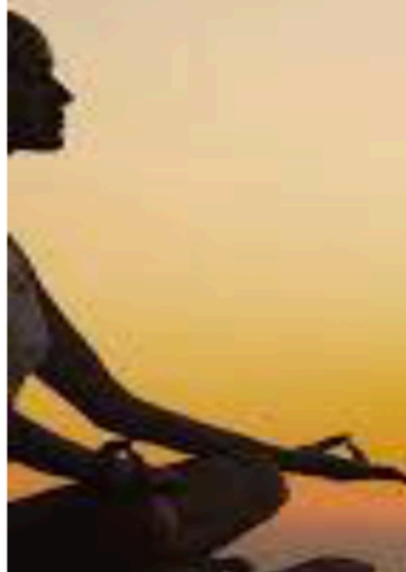
Beauty care	RS	Our Massages	RS
Manicure (1hr)	1,000	Abhyanga (90mins)	2,700
Pedicure (1hr)	1,000	Aromatherapy (90mins)	2,900
Mini manicure (30mins)	400	Four hands abhyanga (90mins)	3,500
Mini pedicure (30mins)	400	Head massage & Shirodhara (85mins)	3,500
Semi-Permanent Nail (105mins)	1200	Thai Reflexology (60mins)	2,000
		Sports Body	2,000
		(arms, legs & back – 60mins)	
Gatineau Facial Care (1hr15mins)		Stuck nerves (45mins)	2,000
1. Plastifying liquid facial	1,700	Pressotherapy Lymphatic (60mins)	2,500
2. Filmomasque		Back, Head & Face Massage (60mins)	2,200
• Anti-fatigue facial	3,100		
• Whitening filmomasque	3,100	Package Pressotherapy Lymphatic	13,500
		6 sessions of 60 minutes	
Maria-Galland Facial Care (1hr15mins)		Package Chromatherapy.....	13,500
• Soin Thalasso	3,100	6 sessions of 60 minutes	
• Lifting jeunesse	4,900		
Hair removal			
Eyebrows	200		
Lips	200		
Face	550		
Chin	200		
Underarms	300		
Half legs	400		
Full legs	600		
Arms	500		
Back	600		
Chest	600		



Couple/group of 2 – 10% discount
Group of 4 persons – 15% discount



Build your own zen attitude



Beauty care

Manicure
Pedicure
Nails
Facial treatment (compulsory)

Body massages

Sports Body massage
Abhyanga Massage
Aromatherapy Massage
Thai Reflexology Massage
Back Massage
Head Massage
Face Massage

Body Relief/Rejuvenation

Pressotherapy Lymphatic Massage
Chromatherapy Massage

Zen-attitude 1

Rs 10,000

Choose 2 from the beauty care, 2 from body massages and 1 from body rejuvenation.

Zen-attitude 2

Rs 8,000

Choose 2 from the beauty care (Gatineau facial care - compulsory) , 1 from the body massages and 1 from body rejuvenation.

Zen attitude 3

Rs 6,000

Choose 2 from the beauty care (Gatineau facial care – compulsory)

1 from the body massage

OR

1 from the body rejuvenation

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